

2013 ACTIVE HOLIDAY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Build a snow sculpture	2 Play freeze tag	3 Try snow bowling	4 Deck the halls! Hang your holiday decorations	5 Build a snowman in your front yard	6 Try Geocaching	7 Go sledding
8 Build an ice castle with frozen blocks of ice	9 Play street hockey or shinny	10 Make tractor tire prints in the snow	11 Play musical chairs to holiday tunes.	12 How many snow angels can you make?	13 Make snow art using snow paint or coloured water	14 Host a Rider Pride "snow bowl" football game at your neighbourhood park
15 Build a snow fort or quinzee	16 Try a winter scavenger hunt	17 Hand deliver your holiday greetings to friends and neighbours	18 Try snowshoeing	19 Search for animal tracks in the snow	20 Gather your friends and go caroling	21 Go skating with your friends
22 Try cross country skiing	23 Go for a walking sparkle tour of your neighbourhood	24 Have a Rockin' Around the Christmas tree dance party	25 Happy Active Holidays! Make an active family holiday tradition today!	26 Shovel your neighbour's sidewalk	27 Take a hike along a beautiful SK Trail	28 Host a Twister tournament
29 Take on a neighbourhood bottle drive and donate proceeds to your local Kidsport campaign	30 Snowball fight! (But keep it safe!)	31 Dance in the New Year!				

Happy Active Holidays! Use the Saskatchewan *in motion* 2013 Active Holiday Calendar and do something active with your family every day to get in the holiday spirit. Feel free to change it up - add your family's favourite winter time activities; or cut out the ideas and use in your own holiday countdown calendar instead of treats: or simply cross off each day until December 25!