

# BUILDING VIBRANT YOUTH

## Claude Bridges

Sandy Bay  
Northern Youth  
Role Model

*What are you passionate about?*

I like living in the north.  
I love being in the outdoors and having the wilderness everywhere around the community.

*What is your message to other youth?*

Finish school and find a sport or activity that you love. Hockey has kept me in shape and given me a sense of belonging and the motivation to stay in school. Don't give up on something that is important to you.